



## DO YOU WISH YOU COULD EAT HEALTHIER WHILE SAVING MONEY?

### COOKING MATTERS CAN HELP:

- ✓ Spend less time grocery shopping
- ✓ Make the best choice for your family
- ✓ Plan easy and delicious meals while saving money

**DATE:** Saturday, February 23<sup>rd</sup>

**TIME:** 1:30pm – 3:00pm

**LOCATION:**

Maplewood Community Center  
31735 Maplewood Street  
Garden City, MI 48135  
Safari Room

**RSVP:**

Contact Megan Sheeran at  
734-793-1858 or  
megans@gardencitymi.org

**\*Participants receive \$10 grocery gift card and reusable grocery bag\***



# FREE

## Cooking Matters Grocery Store Workshop

### WHY SIGN UP?

You want the best for your family, but time, money, and picky eaters can make it hard.

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**Walmart** 

This program was partially funded by USDA's Supplemental Nutrition Program as part of SNAP-Ed, brought to you by Cooking Matters®. To find out more, contact 1-866-950-FOOD(3663).